

THE DISCIPLE WORKBOOK — THE GOSPEL OF MARK



HOW TO USE THIS WORKBOOK

This workbook will guide you through the Gospel of Mark one chapter at a time.

The goal is simple. Over 16 chapters you will:

- Learn how to follow Jesus
- Actually, follow Jesus through practices and experiences
- Be equipped to help someone else follow Jesus

Each week you will:

- ✓ Read the chapter in Mark (NLT)
- ✓ Reflect deeply using the questions in this workbook
- ✓ Spend time with God & listen for the Holy Spirit to highlight a verse
- ✓ Practice following Jesus through a simple habit or experience
- ✓ Prepare for the next week

Do not rush. This is not just “homework.”

This is space for you to walk with Jesus.

Just write honestly and expect Him to meet you.

CHAPTER 1 — FOLLOW ME



1. READ THE CHAPTER

Read Mark 1 (NLT) — <https://www.bible.com/bible/116/MRK.1.NLT>

Read once slowly.

What stood out to you the most in Mark chapter 1?

2. CHAPTER SUMMARY

Mark 1: John prepares the way, Jesus is baptized and tested, then launches the Kingdom mission in Galilee by calling disciples and demonstrating authority through teaching, healing, and deliverance.

OBSERVATION QUESTIONS (WHAT DOES IT SAY?)

What else did you notice? (Who's involved? Where does it take place? What's happening?).

3. KEY VERSE

Mark 1:17 (NLT)

“Jesus called out to them, ‘Come, follow Me, and I will show you how to fish for people!’”

4. REFLECTION ON THE CHAPTER

INTERPRETATION QUESTIONS (WHAT DOES IT MEAN?)

What does this chapter tell me about God? (Promises, commands, characteristics, heart, priorities).
What does this chapter reveal about me? (Do I relate to any sins, fears, joys, failures, or longings?)

APPLICATION QUESTIONS (HOW SHOULD I LIVE?)

How can I apply this to my life this week? (What should I start? Stop? Continue? Confess? Obey?)
Who can I share this insight with? (Someone who needs encouragement, challenge, or hope)

5. TIME WITH GOD

Now that you have read, studied, & reflected on the chapter, read it a second time, asking:

“Holy Spirit, would You highlight one verse You want me to notice today?”

VERSE THE HOLY SPIRIT HIGHLIGHTED FOR YOU:

Now with this verse in mind, spend time with God. Here is a framework to guide a 5-to-10-minute daily experience with God: [Time With God](#).

Practice first thing in the morning, the evening, or right now.

6. THIS WEEK'S CHALLENGE – THE “COMMITMENT” PROJECT

If you decide to continue this journey, you are choosing to make a few simple commitments to God and to your discipleship group. Prayerfully consider each of these (and sign a copy provided by your Leader):

- I will finish this study of Mark's Gospel with my discipleship group.
- I will make our weekly sessions a high priority on my schedule.
- I will be on time, prepared, and participate.
- I will share transparently and keep things we share confidential.
- I will multiply this discipleship experience into the lives of others.

7. PREPARE FOR NEXT WEEK

You are done for the week! Here's a preview of next week (start AFTER your meeting on Chapter 1)

- Read Mark 2
- Complete Chapter 2 workbook
- Read the [Discipleship Manifesto](#) laying out the vision for this experience together
- Sign "[Commitment](#)" Project and return to your Leader.
- Be prepared to share your reflections next week.